

NAET SYMPTOM SURVEY FORM

Patient name: _____ Doctor: _____ Date: _____
 Age: _____ Sex: M F File #: _____ SS#: _____

Instructions: Number the boxes which apply to you with a 1, 2, or 3.
 (1) for mild symptoms, (2) for moderate symptoms, and (3) for severe symptoms.
 Leave the box blank if it does not apply to you.

1	Absent-mindedness	51	Difficulty in walking
2	Abnormal hair growth	52	Difficulty in swallowing
3	Acid foods upset	53	Digestion rapid
4	Acne	54	Diverticulitis
5	Addiction – smoke	55	Dream-disturbed sleep
6	Addiction – sugar	56	Dry nose
7	Addiction – alcohol	57	Dry eyes
8	Addiction – drugs	58	Dry mouth
9	Allergy to drugs	59	Dyslexia
10	Amnesia – temporary	60	Ear aches
11	Anemia	61	Ear infections
12	Appetite – excess	62	Eating disorder
13	Appetite – poor	63	Eczema
14	Arthritis	64	Edema
15	Asthma – bronchial	65	Elbow pains
16	Asthma – cardiac	66	Excess thirst
17	Athletes foot	67	Extremities cold
18	Bad breath	68	Eyelids puffy
19	Blurred vision	69	Eyes watery
20	Bowel disorders	70	Eyes itch
21	Brain fog	71	Fainting spells
22	Breast – pain	72	Falling hair
23	Breast – swelling	73	Fatigue
24	Breast – lumps	74	Feels cold often
25	Bronchitis	75	Feels insecure
26	Brown spots	76	Fever
27	Bruise easily	77	Forgetfulness
28	Burning/itching anus	78	Frequent rashes
29	Burning feet	79	Fungus
30	Coated tongue	80	Gags easily
31	Cold sweats often	81	Gallstones
32	Colds/flu frequent	82	Gastric distress
33	Colitis	83	General itching
34	Coln – gas	84	Greasy foods upset
35	Compulsive behavior	85	Hair loss
36	Constipation	86	Hay fever
37	Cough	87	Headache – sinus
38	Cradle cap	88	Headache – morning
39	Crave spices	89	Headache – afternoon
40	Crave salt	90	Headache – migraine
41	Crave sweets	91	Hearing decreased
42	Crave sour	92	Heartburn
43	Crave onions/beans	93	Heart irregularities
44	Crave bitters	94	Hemorrhoids
45	Cuts heal slowly	95	Herpes
46	Dandruff	96	High altitude problems
47	Decreased sex drive	97	High blood pressure
48	Depression	98	Hip pain
49	Diabetes	99	Hives
50	Diarrhea	100	Hoarseness

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101	Humidity discomfort	154	Prostate troubles
102	Hungry between meals	155	Psoriasis
103	Hyperactivity	156	Red eyes
104	Hysterectomy	157	Restless leg syndrome
105	Ileocaecal valve	158	Ring worm
106	Increased sex drive	159	Ringing in the ears
107	Indigestion	160	Seizures
108	Insomnia	161	Sensitive to cold
109	Internal trembling	162	Sensitive to heat
110	Irritable bowels	163	Shortness of breath
111	Irritable & restless	164	Shoulder pain
112	Keyed up, fails to calm	165	Sigh frequently
113	Knee pains	166	Sinusitis
114	Labored breathing	167	Skin problems
115	Loss of taste	168	Skin peels
116	Low blood pressure	169	Sleepy during the day
117	Low back ache	170	Slow pulse < 65
118	Lump in the throat	171	Slow starter
119	Memory loss – short term	172	Smell decreased
120	Memory loss – long term	173	Sneezing attacks
121	Menses – scanty	174	Sore throat
122	Menses – excess	175	Sore canker
123	Menses – irregular	176	Sour stomach
124	Menses – painful	177	Startles easily
125	Mental confusion	178	Strong light irritates
126	Metallic taste	179	Swollen ankles or feet
127	Mid back ache	180	Thickening skin
128	Migrating pains	181	Thinning skin
129	Milk causes discomfort	182	Throat constriction
130	Mood swings	183	Tightness in the chest
131	Mucous production	184	Tingling sensations
132	Muscle cramps at night	185	Tires too easily
133	Muscle spasms	186	Tourette's Syndrome
134	Nasal polyps	187	Upper back ache
135	Nausea	188	Urinary tract disorders
136	Neck pains	189	Urination difficult
137	Nervous stomach	190	Urine amount increased
138	Neuralgia	191	Urine amount reduced
139	Night sweats	192	Uterine polyps
140	Nose bleeds	193	Vaginal discharge
141	Numbness	194	Varicose veins
142	Obsessive behavior	195	Vomiting frequently
143	Ovarian cysts	196	Warts
144	Pain between shoulders	197	Weak nails
145	Pain in the heels	198	Weight gain
146	Pain – unexplained	199	Weight loss
147	Perspiration excess	200	White spots
148	Phobias	201	Worrier
149	Premenstrual syndrome	202	Yeast infections
150	Poor memory	203	
151	Post nasal drip	204	
152	Premature graying	205	
153	Prone to infection	206	